



So much to MBRACe...

We're excited to share the latest updates from MBRACe. From energetic additions to our team to exciting new funding and upcoming Pamoja programming, we're building momentum in our efforts to address ongoing gaps in Black health outcomes.

Greetings from Dr. Keisha Jefferies

As Director of MBRACe, I am incredibly proud of what we've accomplished over the past two years.

Through enthusiastic team effort and timely project funding awards, we've built an active and growing [research program](#) that is not only producing meaningful insights but also shaping how we address Black health disparities.



Through our [Pamoja Nursing Program](#), we've engaged over 20 talented and passionate students from across Nova Scotia, helping to cultivate the next generation of leaders.

Our research and programming has allowed us to deepen our relationship with community and university organizations, which has strengthened the collaborative foundation that drives our work. Captured in our recently published Annual Report, these milestones are a testament to the dedication of our amazing and growing team.

Subscribe to our newsletter

Welcome, New MBRAcE Team Members

Please join us in welcoming our new summer interns. We're excited about the energy, curiosity, and talent that our new members are already bringing to our research.



Tarelle Sterling is a 3rd year nursing student at Dalhousie University and a champion for minority health and social justice. Tarelle is also the recipient of the Imhotep Legacy Academy Research Award.



Samantha Kieyele is a 1st year student studying microbiology and immunology at Dalhousie University. Committed to addressing social injustices in health care, Samantha is the recipient of the NSERC Undergraduate Research Award.



Eshaa

Eshaa is a 4th year neuroscience student at Dalhousie University. Passionate about women's health, health equity and mental health, Eshaa is the recipient of the Faye Sobey Undergraduate Science Award.



Vitória

Vitória de Paula Santos is a 5th year medical student at UNICENTRO, Brazil with an interest in infectious diseases. Vitória joins us through the Mitacs Globalink Summer Research Intern program.

[Learn more about our amazing team](#)

The MBRACe 2024 Annual Report



2024 Annual Report

Advancing Black Health Through
Research and Advocacy

www.mbrace.ca

The MBRACe 2024 Annual Report is now available on our [website](#). We are eager to share key accomplishments and milestones from 2023 - 2024!

Inside, you'll find:

- Summaries of our research projects and activities
- An overview of the Pamoja Nursing Program
- Introductions to our phenomenal team members
- Acknowledgements to the individuals, organizations, and institutions who have been instrumental to our success

[Download the full report](#)

Save the Date - Pamoja Nursing School Primer Returns August 18 - 20, 2025

We are excited to announce our annual 3-day primer for Black nursing students across Nova Scotia which will take place August 18 - 20, 2025 at Dalhousie University.

This is a dynamic experience and a great opportunity to connect with Black nursing students, staff, and faculty from our participating schools. It is also a wonderful way to learn tips and skills essential for success in nursing.



Learn more about the Pamoja Nursing Program

Dr. Keisha Jefferies Awarded 2024/25 New Investigator in Addictions and Mental Health Grant (NIAMHG)



We're thrilled to announce that MBRAce, led by Dr. Keisha Jefferies, has been awarded the 2024/25 New Investigator in Addictions and Mental Health Grant (NIAMHG) for the project: "Understanding the mental health experiences of Black women in Nova Scotia: A qualitative study guided by Black feminist theory".

The NIAMHG is funded by the Nova Scotia Office of Addictions and Mental Health and supports early-career researchers working on addiction and mental health issues affecting equity-deserving communities.

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Thank you for your interest in the important work we do to improve health outcomes among Black populations and support the future generation of critical health leaders.

We hope you will stay in touch and continue to support the MBRAcE Research Lab by subscribing to our quarterly newsletter and following us on the social media platform of your choice.

Subscribe to our newsletter



Visit our Updated Website - www.mbrace.ca



Please visit our updated website for more information on our organization, our research projects, and our Pamoja Nursing Program.

We'd love to hear your thoughts on the new layout and content - please email us at mbrace@dal.ca with any feedback.

Visit MBRAcE.ca

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